

XGN Suicide Policy 2.0 – May 2022

The XGN High Council of XILED GAMING NETWORK takes Suicide & Self Harm very seriously. In recognition of the need to protect the health, safety and welfare of it's members, to promote healthy development, to safeguard against the threat or attempt of suicide among membership, and to address barriers to gaming & learning, hereby adopts this policy.

Prevention

Members of XGN are to report immediately to Div leader+ if

Suicide or Self Harm is reported.

Staff Responsibilities

All staff are responsible for safeguarding the health and safety of members. All staff are expected to exercise sound professional judgment, err on the side of caution and demonstrate extreme sensitivity throughout any crisis situation. All XGN personnel should be informed of the signs of depression/suicide among accepting a leadership position.

Suicide Crisis Response Procedures

Suicide Threat: – A suicide threat is a verbal or non-verbal communication that the individual intends to harm him/herself with the intention to die but has not acted on the behavior.

- a.) The member / staff member who learns of the threat will locate the individual and arrange for them to discuss the situation with a Division Staff members, if no division staff member is available they will then attempt to contact first their division Director and then ANY director. If NO director is available you will then reach out to ANY Senior Director or higher regarding the crisis. Attempt to keep the individual in contact and communicating with you while you arrange this intervention.
- b.) If the above-mentioned staff successfully located a Division Staff member, if available the Division Leader will involve Senior Leadership.

c.) The appropriate staff or approved leadership provider will determine the risk and intervention needed by interviewing the member, and gathering appropriate supportive documentation from faction staff or others who witnessed the threat(s).

d.) **Division Leaders/ Co-Division Leaders** will:

- Compile a list of all recommendations taken. Most often it is the person conducting the interview who informs the crisis member of the leadership verdict.
- If threats are determined serious enough, the admin team may be involved in hopes of determining a members location in an attempt to inform their local treatment provider of what occurred and the actions taken.
- If threats are determined serious enough by a crisis member under the age of 18. the admin team may be involved in hopes of determining a members location in an attempt to inform their parents of what occurred and inform them of what occurred and the actions taken.
- If threats are determined serious enough by a crisis member under the age of 18. Members may be asked to allow XGN Leadership to contact their parents or guardian for the safety of themselves.

Suicide Crisis Risk Levels

High Risk: The crisis member has made several threats to 1 person or more about killing themselves in a non-joking manner, displayed severe emotional distress i.e crying, or showed photos or video proof of weapons, wounds or anything directly implying Self-Harm. Refer to Suicide Crisis Response Recommendations for possible actions to be taken.

Mid-Risk : The crisis member has made a threat to 1 person or more about harming themselves in a non-joking manner. Displayed moderate emotional distress. Refer to Suicide Crisis Response Recommendations for possible actions to be taken.

Low-Risk: The crisis member has made a threat to 1 person or more about self harm. Displaying little to no emotional distress. Refer to Suicide Crisis Response Recommendations for possible actions to be taken.

No-Risk: After an interview it was determined that the member was simply making a poor taste in joke about Self Harm or Suicide. If found to be true the member will then be warned to stop making such cruel jokes and informed on the sensitivity of such. If the member is again found to be “joking” about Self-Harm or Suicide he/her will be Rank Suspended for 1 week and if the joking continues the member will then be be Membership Revoked, Self Harm is NOT a joke.

Suicide Crisis Response Recommendations

Response Recommendations: Formally leadership would refer to these as “punishments” where crisis members were immediately Membership Revoked. In an attempt to offer our members assistance and opportunity to receive treatment or get better we have laid out the following recommendations based on the Suicide Crisis Risk Levels.

- A. The member will be placed on a 1-2 week LOA so they can be relieved of any stress XGN may be causing them as people.
- B. The member will be placed on a 1 month LOA so they can be relieved of any stress XGN may be causing them as people.
- C. The member will be asked to transfer factions if the self-harm threats are caused by XGN bullying/treatment from others.
- D. The member will be asked to transfer divisions if the self-harm threats are caused by XGN bullying/treatment from others.
- E. The member is temporarily asked to leave all XGN discord servers.
- F. The member is asked to join a non-stress intensive position in XGN such as AAP, News Team, Gamenight Coordinator, Media Team, Design Team or other valid Web-Operation departments.
- G. The member is asked to take a non-staff position until they feel mentally capable to lead others again.
- H. After 3 Self-Harm Encounters and the failure to take leadership recommendations the member may be placed on a 12 month LOA. For the safety of other members and liability of Faction/Division Staff.
- I. The members' concern was addressed after being consulted by Sr Leadership and no recommendations were felt needed at this time.

– **Division Leaders/ Co-Division Leaders** may select 1 or more Recommendations and will supply the following information in writing to EVERY crisis member:

Xiled Gaming Network is your Internet family, we desire nothing but to ensure every individual has a pathway to care that is both timely and adequate to meet your needs. In hopes to help our members and guide them in a positive direction we have set up partnerships with effective, evidence-based treatments that directly target suicidal thoughts and behaviors. Below are some Phone Numbers and other outlets to get assistance. It's important to understand XGN is NOT punishing you and only wants you to get better and be a better you for yourself, your family, friends and fellow XGN members. We **KNOW** you can get through this and will continue to provide continuous contact and support, especially during/after acute care.

International: Suicide Prevention Lifeline: 1-800-273-TALK (8255)

United Kingdom: Suicide Prevention Lifeline:: 08457909090

The STAR-Center Teen/Pre-Teen Clinic: 412-246-5619

Nacional de Prevención del Suicidio: 1-888-628-9454

Options For Deaf + Hard of Hearing: 1-800-799-4889

Veterans Crisis Line: 1-800-273-8255 | Text: 838255

Disaster Distress Helpline: 1-800-985-5990

Other Prevention Lines:

- Argentina: +5402234930430
 - Australia: 131114
 - Austria: 017133374
 - Belgium: 106
 - Botswana: 3911270
 - Brazil: 212339191
- Canada: 5147234000 (Montreal); 18662773553 (outside Montreal)
 - Croatia: 014833888
 - Denmark: +4570201201
 - Egypt: 7621602
 - Finland: 010 195 202
 - France: 0145394000
 - Germany: 08001810771
 - Holland: 09000767
- Hong Kong: +852 2382 0000
 - Hungary: 116123
 - India: 8888817666
- Ireland: +4408457909090
 - Italy: 800860022
- Japan: +810352869090
 - Mexico: 5255102550
- New Zealand: 045861048
 - Norway: +4781533300
 - Philippines: 028969191
 - Poland: 5270000

- Russia: 0078202577577
 - Spain: 914590050
- South Africa: 0514445691
 - Sweden: 46317112400
 - Switzerland: 143

No matter what problems you're dealing with, whether or not you're thinking about suicide, if you need someone to lean on for emotional support, call the Lifeline. People call to talk about lots of things: substance abuse, economic worries, relationships, sexual identity, getting over abuse, depression, mental and physical illness, and loneliness, to name a few. Talking with someone about your thoughts and feelings can save your life.



1-800-273-TALK (8255)

**IF YOU OR SOMEONE YOU KNOW IS IN CRISIS, PLEASE CONTACT THE
NATIONAL SUICIDE PREVENTION LIFELINE**

**Talking with someone about your
thoughts and feelings can save
your life.**

Legal “Well being” Disclaimer: Xiled Gaming Network, hereby expressly disavows and prohibits any member from participating in any action(s) relating to the responsibility for the well-being of another member’s medical, emotional, physical, mental or otherwise, condition or state of mind. Xiled Gaming Network is not responsible for the unsanctioned action(s) of its members.